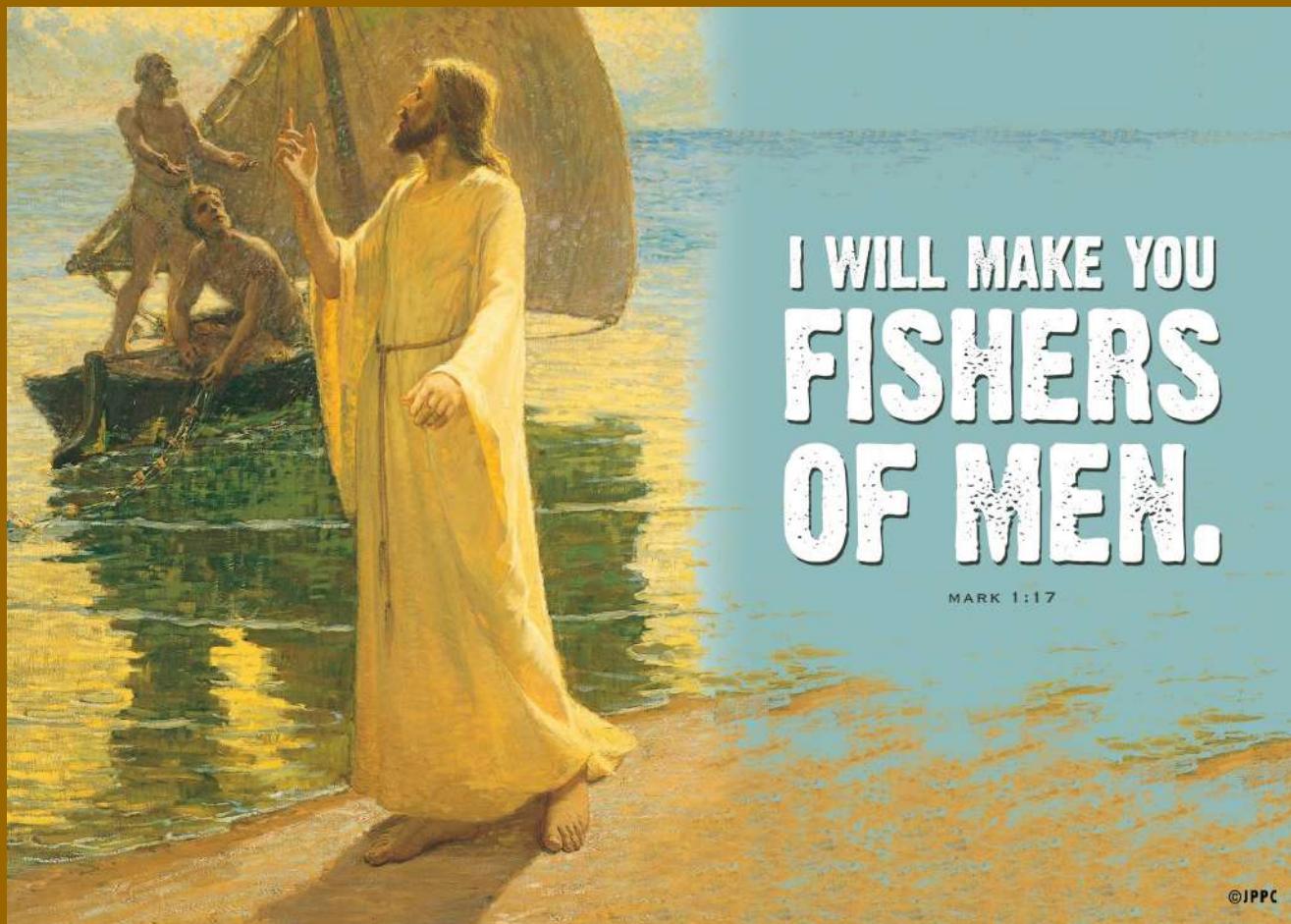


# *Sacred Heart Parish*

120 Jefferson Street ~ Swedesburg, Pennsylvania, 19405

(610) 275-1750



**Rev. Peter J. DiMaria**

*Pastor*

[frdimaria@shswedesburg.org](mailto:frdimaria@shswedesburg.org)

**Rev. Thomas A. Nasta**

*Pastor Emeritus*

**Rev. James J. Shea, Sch. P.**

*Weekend Assistant*

**Sr. MaryAnne Bolger, IHM**

*Parish Services Director*

[srmaryanne@shswedesburg.org](mailto:srmaryanne@shswedesburg.org)

**Linda Moser**

*Coordinator of Religious Education*

[lmoser@shswedesburg.org](mailto:lmoser@shswedesburg.org)

**Leo Brady**

*Sacristan*

## **Holy Mass:**

Saturday: Anticipated Mass 4:00 pm

Sunday: 8:00 am & 10:15 am

Monday through Saturday at 8:00 am

## **Sacrament of Penance:**

**Sunday:** 9:30 to 9:50 am

**Wednesdays:**

7:30 to 7:50 am & 6:30 to 7:00 pm

**Saturday:** 3:00 to 3:45 pm

## **FOCUS Missionary:**

**Caitlyn Sechuk**

[csechuk@shswedesburg.org](mailto:csechuk@shswedesburg.org)

**Valerie DiFilippo**

*Parish Bookkeeper/*

*Cemetery Manager*

[vdifilippo@shswedesburg.org](mailto:vdifilippo@shswedesburg.org)

**Joanne D'Alessandro**

*Parish Office Manager*

[jdalessandro@shswedesburg.org](mailto:jdalessandro@shswedesburg.org)

**Carl Gedeik**

*Director of*

*Liturgical Music*

**Joe & Jeff Houseal**

*Directors of Parish  
& Cemetery Facilities*

**SUNDAY, JANUARY 21, 2024**  
**THIRD SUNDAY IN ORDINARY TIME**

**ATTENTION !! ATTENTION !!**  
**ATTENTION !! ATTENTION !!**  
**ATTENTION !!**

For the first time ever Caring for Friends will be held on the **FIRST WEDNESDAY** of the month, **February 7**. Get the word out there. Tell your friends and fellow parishioners to mark their calendars for



**WEDNESDAY, February 7**

**Doors open at 6:00PM**

Bring a pot of your favorite homemade soup or savory chili, or pasta. You can scoop it the night of the gathering or contact me if you need containers to scoop at home and bring to the school hall that evening.

All food will be delivered to the Colonial Market Pantry in Conshohocken for our less fortunate neighbors.

Contact: Lisa Pagnotti 610-639-7704



# Pasta Nite

## SACRED HEART'S SOCIAL CLUB SPAGHETTI DINNER

(Featuring P & S Pasta)

**SUNDAY, FEBRUARY 18, 2024**

Dinner served in the Parish Hall  
Starting @ 3:30PM

Adult - \$12.00

Children - \$7.00 (9 and under)  
Under 3 - Free

Tickets are on sale **NOW** after all the weekend Masses. Tickets can also be purchased at the rectory.  
Sitting limited to the first 150 people

Cost of ticket includes the following:

- ◆ Spaghetti and Meatballs
- ◆ Italian Bread
- ◆ Salad
- ◆ Dessert
- ◆ Soft Drinks
- ◆ BYOB



**FAMILY, FRIENDS & FELLOWSHIP!**

**COME JOIN THE FUN!!**

## PROTECT YOURSELF, PROTECT YOUR FAMILY



Holy Family Council Knights of Columbus #3327 has purchased a small supply of a life-saving device for choking emergencies, LifeVac Home Kits. Please call Sal DiNenna at 610-275-4403(h) for questions and/or to purchase. Pickup can be arranged including after Masses for your convenience (make check for \$69.95 payable to *KofC Holy Family Council #3327*). The supply is limited.

Highest risk of choking: under 14 and over 65 (one child dies from choking every five days: leading cause of accidental deaths in over 65 age group).

Especially useful for use on choking victims who are: infants, elderly, frail, obese, wheelchair-bound, pregnant, disabled or otherwise difficult to apply Heimlich maneuver (larger than the rescuer or oneself). Can be used in any position- sitting, standing or prone.

Over 1620 lives saved by LifeVac to date.

### LifeVac Home Kit

Rated **4.96** out of 5 based on 1814 customer ratings

Cost: **\$69.95**

**This one kit covers children and adults. Never expires. Free** replacement LifeVac when used in a choking emergency!

The LifeVac is a non-powered, non-invasive, single-use only airway clearance device developed for resuscitating a victim with an airway obstruction when current choking protocols have been followed without success. LifeVac has a one-way valve that does not allow any air to enter a choking victim on the downward motion. The LifeVac comes fully equipped with an adult mask, a pediatric mask, and a practice mask. The duration of the suction is minimal which makes LifeVac safe and effective. LifeVac is easy to use in an obstructed airway emergency. Free online training is available.

*always stay*  
**HUMBLE**  
*and*  
**KIND**



## Monday Night Rosary

There will be a public recitation of the rosary in church each Monday at 7 p.m.

If you are interested in learning more, please contact Ed DiGinto at 610-202-0069.

ARCHDIOCESE OF PHILADELPHIA  
Office for Persons with Disabilities & the Deaf Apostolate

THE ANNUAL ARCHDIOCESAN CELEBRATION  
*Honoring the Gifts of*  
PERSONS WITH DISABILITIES, THE DEAF COMMUNITY,  
FAMILY, FRIENDS & CAREGIVERS  
*Celebration of the Eucharist*

**Sunday, March 10, 2024 @ 3:00 pm**

Cathedral Basilica SS. Peter and Paul  
18th Street & Benjamin Franklin  
Philadelphia, PA 19103

Principal Celebrant and Homilist  
Archbishop Nelson Pérez  
Liturgical Choir  
Holy Innocents Young Adult Choir  
*Reception following Mass*

RSVP at [www.OPDarchphilly.org](http://www.OPDarchphilly.org) or call 215-587-3530 with number of attendees and accommodations needed.  
Please arrive by 2:30 pm. Accessible parking available.  
Address for Paratransit: 222 N. 17th Street/Phila., PA 19103

SCAN ME

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**THE HOLY EUCHARIST IS  
THE PERFECT EXPRESSION  
OF THE LOVE  
OF JESUS CHRIST FOR MAN.**  
*— St. Maria Goretti —*



## MASS INTENTIONS

### Saturday, January 20

4:00pm Philomena Kurcik  
(2<sup>nd</sup> Anniversary Remembrance)  
*Requested by Her Family*

### Sunday, January 21

8:00am Lou Stalker  
(Birthday Remembrance)  
*Requested by The Bores & Stalker Families*

10:15am For the People of Our Parish

### Monday, January 22

8:00am Halina Barbara Bakula  
*Requested by Chester Kowalski*

### Tuesday, January 23

8:00am Francis X. Kelly  
(Birthday Remembrance)  
*Requested by Sandra Pietrafitta*

### Wednesday, January 24

8:00am Nicole Marie Levinsky  
*Requested by Toni DeCerio*

### Thursday, January 25

8:00am Barbara Bores  
*Requested by Barbara Roskos*

### Friday, January 26

8:00am Annunziata DiNenna  
(Anniversary Remembrance)  
*Requested by Her Family*

### Saturday, January 27

8:00am Edward Keszczyk  
*Requested by Margaret & Ron Halas*

4:00pm For the People of Our Parish

### Sunday, January 28

8:00am Fred Zugay  
*Requested by Maria & Edward Zugay*

10:15am Mary Lou Welsh  
*Requested by Karen Hinchey*



### *Let Us Serve The Lord With Gladness!*

The following Ministers are scheduled for our Parish Masses.

#### Saturday evening, January 27:

4:00pm

Extraordinary Minister of Holy Communion:  
Pat Moletzsky

Lector: Danielle Cantando

#### Sunday morning, January 28:

8:00am

Lector: Eileen Bralski

10:15am

Extraordinary Minister of Holy Communion:  
Valencia Zaremba

Lector: Alex Kalivas

### Celebrant's Mass Schedule

#### Saturday evening, January 27:

4:00pm - Father DiMaria

#### Sunday morning, January 28:

8:00am - Father Shea, CM

10:15am - Father DiMaria



### *Weekly Report*

January 13 - 14, 2024

\$5,529.00

*Thank you for your support of Our Parish!*

*This week the Sanctuary Lamp in the Church  
burns in loving memory of*

*John R. Kopecky*

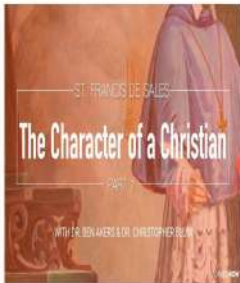
*18<sup>th</sup> Anniversary Remembrance,  
January 20<sup>th</sup>*

*Requested by His Daughter, Karen &  
Arionna*



# THIS WEEK ON FORMED

Week of January 21, 2024



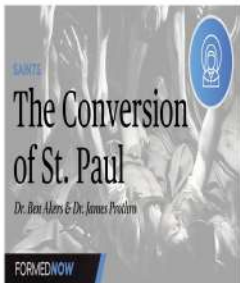
## Saint Francis de Sales and the Character of a Christian: Devotion (Part 1 of 4)

In this four-part series, Dr. Ben Akers and Dr. Christopher O. Blum sit down to discuss St. Francis de Sales, his best known work 'The Introduction to the Devout Life', and the character of a Christian.



## The Hour of Our Death | Eternal Rest | Episode 3

The Anointing of the Sick is one of the seven sacraments of the Church. This session, we discover the role of this sacramental anointing in the spiritual struggle during serious illness, the final stages of our temporal life, and the hour of our death.



## The Conversion of Saint Paul

Dr. Ben Akers sits down with Dr. James Prothro, Assistant Professor of Sacred Scripture at the Augustine Institute Graduate School, to discuss the conversion of one of the largest figures in Christianity, Saint Paul.

Our parish has a FORMED subscription.  
Visit [signup.formed.org](http://signup.formed.org) and select our parish name.



*Please Pray For All Who Protect Our Country, especially...*

**John F. K. Benedict** (Major, USAF ANG), son of Christine & Vince Benedict; **Anthony C. Brandt** (CW3 Warrant Officer, U.S. Army Reserves), son of Eileen Brandt; **Zachary T. Brandt** (Sergeant U.S. Army), grandson of Eileen Brandt; **Matthew J. Capaldo** (Commander, U.S. Navy) son of John & Connie Capaldo; **Michael DeStefano, Jr.** (Sergeant U.S. Army) grandson of Jack & Sue DeStefano; **Michael Gutkowski** (Lieutenant Commander, U.S. Navy), grandson of Pat Gutkowski; **Samuel Hoey** (LCpl, U.S.M.C), grandson of Leona Cottone; **Noel Irizarry** (Specialist, U.S. Army), son of Patricia Epright; **Shane Jones** (Sergeant U.S. Marines), grandson of Fran Toth; **Matthew McNulty** (Chief Warrant Officer 4 U.S.M.C.), son of Irene McNulty; **Rick McVoy** (Lieutenant Commander, U.S. Navy) son of Rich McVoy; **Greg Philips** (Lieutenant Commander, U.S. Navy); **Jessica Prostack** (CW2 Warrant Officer, U.S. Army), daughter of Richard Prostack; **Jeffrey Seamans** (Captain, U.S. Army), son-in-law of Dolores Burton; **Stephanie Zugay** (National Guard), granddaughter of Greg & Grace Zugay.



John Puzio  
Mary (Puzio) Stephenson  
Monica Pocelujko  
Mary Boyle  
Rosemary Giovinco  
Fran Toth  
Jane Puzio Sharma  
Joan Birely  
Evelyn Horning  
Martha Smoczylo  
Kelly Benedict  
Patricia Gaffney  
Andrew Andreyko  
Angela Desmond  
Fred Zugay  
Mike Piskai  
Eileen Brandt  
Denise Kavanagh  
Tom Kavanagh  
Michael Martin  
Theresa Seiders  
Kerry Link  
Betty Lilick

Margaret Halas  
Ronald Halas  
Marge Leszczynski  
Dolores Burton  
Fran & Rob Worrall  
Rose Coscia  
Jeff Simmons  
Marion Raup  
Joseph Saboe  
Irene Elliott  
Stanley Leszczynski  
Ayden Boone  
Butch Rodenbaugh  
Nicholas Janicki  
Catherine Bankowski  
Michael Myers  
Melissa (Myers) Sillah  
George Estock  
Helen Bednar  
Barbara A. Burkert  
John Smoczylo  
Laurie Ronan



**RETROUVAILLE: REDISCOVER THE LOVE IN YOUR MARRIAGE** Tens of thousands of couples have healed their marriages through Retrouvaille (pronounced Retro-vy). If you know anyone who could benefit from this program, please pass this on. Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. The next program will be held February 16 - 18, 2024 at the Family Life Center in Malvern, PA. For more information, or to register, visit [www.HelpOurMarriage.org](http://www.HelpOurMarriage.org) or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.

SWEDESBURG VOLUNTEER FIRE COMPANY  
SOCIAL ROOM PRESENTS:

**"WINGS and CHEESESTEAK NIGHT"**

WHEN:  
Friday February 2

TIME:  
5:00pm - 8:00pm

WHERE:  
Swedesburg Social Room  
310 Jefferson Street



**RACHEL'S VINEYARD**

A PLACE TO HEAL FROM ABORTION

**DATES: MARCH 8 – 10, 2024**

LOCATION: IHM SPIRITUALITY CENTER  
210 IHM DRIVE MALVERN, PA 19355

If you or someone you love has been suffering from the emotional and spiritual pains of an abortion – no matter how much time has passed – please know that a Rachel's Vineyard retreat weekend will help your soul transform that pain into a hope for the future. *Rachel's Vineyard retreats bring healing and God's forgiveness to the trauma and darkness of abortion for those who think they have committed the unforgivable sin. God's mercy is greater than sin and is waiting for us to reach out for it. Join us for a safe, loving and confidential weekend to experience the healing power of God's infinite mercy.*

Contact our team to register or for questions:  
Susan – 610-716-4795  
Georgeann – 484-955-4278



Metanoia is an active community of Catholic young adults in western Montgomery County, PA. The group supports Catholics in their 20s and 30s who are looking to deepen their faith and meet fellow Catholics in the area. Our upcoming events are listed below and begin at 7:30 pm on most Tuesdays unless otherwise noted.

Upcoming events can be found at:  
[www.facebook.com/users/metanoiayoungadults](https://www.facebook.com/users/metanoiayoungadults)

**Tuesday, January 23** - Prayer, Penance, Pub @ Mary Mother of the Redeemer, North Wales



**St. Mary Polish American Society** is accepting applications for the second annual *Felicia Jemionek Rzeznik Memorial Scholarship*, a \$1,500 scholarship to a qualified student of Polish ancestry residing within the Archdiocese of Philadelphia pursuing full-time undergraduate studies at an accredited college or university in the United States. Full information about the scholarship is included in the QR code.



For any questions, please call Dorothy Swedkowski at 610-630-0861.

## THIRD SUNDAY IN ORDINARY TIME

JANUARY 21, 2024

### Reflection by Rev. Leonard N. Peterson

In all our popular sports we find “fair play” and “foul play” with referees and umpires necessary to decide. But in good literature we often find something called “word play.” Our natural reaction as readers of such is enjoyment and remembrance. Word play always involves making jokes by using the meanings of words in an amusing and clever way. That’s precisely why the word “play” is part of its title. However, word play can also create more serious observations if it is used deliberately.

Recall G.K. Chesterton’s statement that “Christianity has not been tried and found wanting; it has been found difficult and left untried.”

Nestled in today’s Gospel passage from St. Mark’s first chapter is exactly the case of word play made with serious undertone is Jesus’ remark to His early followers: “*Come after Me and I will make you fishers of men.*” I happen to love that line. I love proclaiming it to you. Why? Because it captures something special. It is a trait of Our Lord that the gospel writers usually don’t refer to, and that is Jesus’ sense of humor. That helps round out His personality and makes Him attractive. For so He is and always will be.

But here and now, let us focus on those first three words He says, namely “*Come after Me.*” There is no word play here, but a serious call addressed not only to the men on that long ago seaside but also to us. In plain terms, with little “play” present, just what prevents us from doing what Jesus asks? Or pretending we didn’t hear what He said? Coming after Him ultimately means not going after other realities. And we get a little nervous. Why?

If we are honest with ourselves, we usually go after other things. We might say one or the other of the “Big Three,” namely: “Wealth, Honor and Fame.” Sometimes it’s a combination of those. Or a subdivision like greed. Anything but going after Jesus. So here and now, as we begin this third week of a new year, it would be a good “play” to go with Jesus for a welcome change.

Meantime, there are always examples of how word play can take us by surprise. Helena Modjeska (1844-1909) was one of the most popular actresses of her time because of her emotional style and superb ability. Once, to demonstrate the raw power of that ability, she gave a dramatic reading in her native tongue, Polish. No one at the sedate dinner party understood Polish, but all were in tears by the end of her performance. Such was the power of her presentation. Only later was it revealed that the piece that had moved the sophisticated audience to tears was the Polish alphabet!

God love you and give you His peace.

