

Families are expected to participate in five (5) activities at Sacred Heart. These activities include any of the events and/or liturgies listed below. The list below is not inclusive, as other activities or events may be added to the list prior to or during the program year as additional options for families. These events will be held at Sacred Heart.

Sacred Heart Parish PREP Family Activities Calendar (2022 - 2023)

September

- Thursday, 9/29 Celebrate the Feast Day of St. Michael by doing any of the suggestions found at <https://www.catholicicing.com/celebrate-michaelmas-st-michael-and-all/>**
- Friday, 9/30 For the Feast Day of Saint Jerome, learn a prayer or short phrase (such as Ora Pro Nobis, which means “pray for us”) in Latin. Saint Jerome translated the Bible from Hebrew to Latin.**

October

- Tuesday, 10/4 Glow Stick Rosary @ 6:30 p.m.**
- Sunday, 10/23 Forty Hours @ 7pm**
- Monday, 10/24 Forty Hours @ 7pm**
- Tuesday, 10/25 Forty Hours @ 7 pm**

November

- Sunday, 11/6 @ 1-3 All Saints Trunk or Treat, Sacred Heart Parking lot (DRESS AS YOUR FAVORITE SAINT)**
- SUNDAY, 11/27 @ 7 pm Presentation by Fr. Michael Shea, CM Dedicated to the Miraculous Medal**
- Sunday, 11/27 and the days following pick up your Traveling Shepherd in the back of church. Send your photos to moser@shswedesburg.org so we can share**
- Advent take home Share your photos of the moser@shswedesburg.org**

December

- December 12, have a traditional Mexican feast (or a simple taco dinner) for the feast day of Our Lady of Guadalupe Send a photo to moser@shswedesburg.org so we can share**
- December 13, Bake a braided sweet bread ring or cinnamon rolls for St. Lucy's Feast Day. Recipe: <https://catholiccuisine.blogspot.com/2008/12/saint-lucias-braided-bread.html> Send a photo to lindamoserprep@yahoo.com**

Summer PREP Sacred Heart Parish Family Activities Calendar (2022 - 2023)

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January

- Sunday, 1/8, Epiphany Home Blessing bags**
- Monday, 1/9 the Baptism of the Lord, share pictures and keepsakes of your children's baptisms with them. Talk about the events and emotions of that day.**
- Many January saints taught others, such as St. John Bosco, St. Elizabeth Ann Seton, St. Angela Merici, and St. Thomas Aquinas. In their honor, learn a Bible verse, prayer, or activity to teach others about your faith.**
- Sunday, 1/22 @ 10:15 Mass, PREP students will sit together**

February

- Wednesday, 2/22 @TBD Ash Wednesday Service you may sit with your family**
- TBD First week of Lent – Lenten Mission with Fr. Emmerich Vogt, OP, you may sit with your family**
- Wednesday, 2/22 and the days following Lent activity pack to be completed at home can be picked up in the back of church and send pictures to lmoser@shswedesburg.org so we can share**
- February is dedicated to the Holy Family. Pick one day to spend together doing family activities all day, such as the Ten Commandments 1 – 10 game, family prayer, outdoor fun, movie night or whatever your family loves doing together best! Share a picture lmoser@shswedesburg.org**

March

- Wednesdays of Lent starting 3/1 @ 2 pm Stations of the Cross. You may sit with your family**
- 3/19 in honor of Saint Joseph's feast day, make some cards for the fathers and father figures in your life. Saint Joseph was a wonderful husband and father.**
- 3/25 To celebrate the Annunciation of the Lord, make your favorite angel craft or maybe even a tasty treat like angel food cake.**
- Find a three-leaf clover and talk about the Holy Trinity.**
- Bible Scavenger Hunt email lmoser@shswedesburg.org for instruction sheet and answer key**

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April

- Sunday, 4/16 enjoy a special ice cream treat for Divine Mercy Sunday (Sunday after Easter). The ice cream is made to mirror the Divine Mercy image: “The two rays denote Blood and Water. The pale ray stands for the Water which makes souls righteous. The red ray stands for the Blood which is the life of souls.” – St. Faustina’s diary.**
<https://www.catholicicing.com/celebrate-divine-mercy-sunday/>
- Be a Good Steward of the planet God created for us. Explore ways to help the environment through your actions at home. Pick one project or lifestyle change to do as a family.**

May

- Sunday, 5/7 @ 10:15 a.m. Mass May Procession – more info to follow**
- Make a small floral crown, if you have a statue of Mary at your home, to do a May Crowning. If you don’t have a statue of Mary, you can either decide to add on to your home or yard or you can plant Marigolds in honor of Mary.**
- Make Mother’s Day Cards for elderly parish member and homebound. Please leave them in the basket in the back of Church on or before Sunday, May 7th**

June

- Monday, June 19th – 23rd SUMMER SESSION PREP FOR (2023-2024)**